

All classes, times, and instructors subject to change and/or cancellation.

APRIL 2019 ROTATION SCHEDULE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LES MILLS GRIT PLYO 5:15PM - Fin	2	3	4	5 LES MILLS GRIT CARDIO 6:15AM -Marijoie	6
7	8 LES MILLS GRIT STRENGTH 6:15AM -Marijoie	9	10	11	12 LES MILLS GRIT PLYO 5:15PM - Fin	13
14	15	16	17	18	19 LES MILLS GRIT STRENGTH 5:15PM - Fin	20
21	22 LES MILLS GRIT PLYO 6:15AM -Marijoie	23	24	25	26 LES MILLS GRIT CARDIO 5:15PM - Fin	27
28	29 LES MILLS GRIT STRENGTH 6:15AM -Marijoie	30				